

MedStudy Pediatrics Flash Cards (2016–2017)

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Posttest: MedStudy Pediatrics Flash Cards (2016–2017): Review the following cases and answer all questions. Then, use the key at the end of the test to check your answers. *You must answer 60% of the questions correctly to receive CME credit for this product.*

1. A 17-year-old sexually active female presents with a 48-hour history of bilateral lower abdominal pain and vaginal discharge.

Which of the following best describes the minimal diagnostic criteria for pelvic inflammatory disease when an adolescent presents with lower abdominal and/or pelvic pain with no other identified cause?

- A. Oral temperature of $\geq 102^{\circ}$ F, WBC $\geq 12,000$, and cervical motion tenderness
- B. Both cervical motion and adnexal tenderness
- Cervical motion, uterine or adnexal tenderness
- D. Oral temperature of ≥ 102° F, and cervical motion, uterine or adnexal tenderness
- E. Both cervical motion and adnexal tenderness and oral temperature of $\geq 102^{\circ}$ F or WBC $\geq 12,000$

Answer:

- 2. Cyclic vomiting is characterized by:
 - A. Family history of migraines
 - B. Family history of reflux
 - C. Gastric inflammation on endoscopy
 - D. Ileal tapering on contrast studies

Answer:	_
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3. A 2-day-old boy is transferred to the neonatal intensive care unit secondary to recurrent episodes of hypoglycemia. He was delivered by scheduled cesarean section at 39-weeks gestation. Birth weight was 9 lb, 11 oz. His mother, who received good prenatal care, has no history of gestational diabetes. A prenatal ultrasound revealed evidence of nephromegaly and hepatosplenomegaly. These findings, in addition to macroglossia, are confirmed on the patient's physical examination.

Which of the following occurs with increased frequency in these patients?

- A. Wilms Tumor
- B. Type 1 diabetes mellitus
- C. Microangiopathic hemolytic anemia
- D. Chronic renal failure
- E. Congenital complement (C5-C9) deficiency

Answer:	
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4. A febrile 8-year-old boy with a 3-day history of warm tender swelling of both knees and the right ankle is noted to be tachycardic. The measured PR interval on ECG is 0.26 seconds. On cardiac auscultation, a new murmur, characterized by a high-pitched apical holosystolic murmur radiating to the axilla, is noted. Just prior to an echocardiogram, a rash is observed.

Which of the following best describes the most likely appearance of this patient's rash?

- A. Erythematous, serpiginous macular lesions with pale centers on the trunk and extremities
- B. Diffusely distributed, round erythematous swollen plaques, target lesions, and marginated wheals with central vesicles
- C. Diffuse erythema with small punctate papules accentuated in the flexural areas
- D. Erythematous macules and petechiae prominent around the ankles, wrists, palms, and soles
- E. Deep-seated and more superficial vesicles with peripheral erythema on the palms and plantar surfaces

Λ.	nswer:	

5. An 18-year-old girl, new to your practice, presents for a second opinion as to the cause of recurrent painful "boils" under her arm and in the inguinal area. She states that several previous outbreaks have been treated with oral antibiotics but that the "boils never seem to completely go away." On physical examination, multiple deep-seated, rounded, and painful nodules are noted in both the axillae and left inguinal area. There is an associated seropurulent bloody discharge from several grouped nodules in the right axilla.

In addition to systemic antibiotics, which of the following is sometimes effective in treating this patient's current signs and symptoms?

- F. Ketoconazole
- G. Spironolactone
- H. Tar preparations
- I. Vitamin E
- J. Methotrexate

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6.	• An 11-year-old girl, who is at the 5 th percentile for height and weight, is found on laboratory testing to have a normal serum and a positive tissue transglutaminase IgA.					
	These findings may also be associated with which of the following additional laboratory findings? A. Low levels of free thyroxine B. Low levels of serum IgG and IgM C. Elevated levels of amylase and lipase D. Elevated levels of uric acid and lactate dehydrogenase E. Elevated levels of prolactin Answer:					
7.	Following an extensive evaluation, a 14-year-old boy is diagnosed with oppositional defiant disorder.					
	Which of the following best describes symptoms included in the diagnostic criteria for this disorder? A. Behaviors occur with equal frequency and intensity in all settings B. Disregard for the physical well-being of others C. Difficulties with the law D. Routinely blames others for one's behaviors E. Seeks punishment as evidence that behaviors have successfully interfered with the emotional well-being of others Answer:					
8.	The parents of a 4-year-old girl ask if there is any additional advantage in immunizing their daughter considering the fact that her younger sibling is severely immunocompromised and unable to receive and/or respond appropriately to the routinely recommended childhood vaccines.					
	In which of the following vaccine-preventable diseases is herd immunity not a factor in the control of infection? A. Influenza B. Pertussis C. Rubeola D. Tetanus E. Haemophilus influenzae b Answer:					
9.	A previously well, 5-year-old, African-American girl presents to the emergency room with a 24-hour history of decreased activity and shortness of breath with even minimal exercise. Three days prior to the onset of symptoms, she was prescribed trimethoprim/sulfamethoxazole for a urinary tract infection. Her hemoglobin level is 6.5 g/dL and reticulocyte count is 11%.					
	Which of the following is most likely to be identified on an unstained preparation of a peripheral smear in this patient? A. Basophilic stippling B. Sickled cells C. Spherocytes D. Acanthocytes F. Heinz bodies Answer:					
10.	An 11-month-old female presents with a 3-day history of increased temperature, irritability, decreased appetite, and malaise. Although she was afebrile on the morning of presentation, her parents are now concerned about a rash that they report has been present for only the last several hours. On physical examination, she is afebrile and appears generally well. A blanching macular and maculopapular rash is present on the upper torso, face, and neck. A smaller number of similar lesions are noted on the upper thighs. Despite her relatively reassuring clinical appearance, a lumbar puncture is performed due to the presence of a bulging anterior fontanelle. The fluid is clear with zero WBCs with no organisms seen on Gram stain.					
	Which of the following is the most likely cause of this patient's clinical signs and symptoms? A. Coxsackievirus A16 B. Human herpesvirus 6 C. Parainfluenza virus 2 D. Adenovirus E. Rubella virus					
	Answer:					

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The format and o	quality of the organization were appropriate for my needs	1	2	3	4	<u>5</u>	
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