

Recertifying in Pediatrics?

Here's how to not make
a mess of your exam.

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Get the Advantage.



A note from the author, J. Thomas Cross, Jr., MD

As you undoubtedly know, change is on the way for the recertification process in General Pediatrics. You've read or heard about 5-year cycles for "maintenance of certification." About accumulating points in self-assessment. About performance improvement. And, of course, about the secure, closed-book exam.



Perhaps now more than ever, you'll be relieved to know that MedStudy has the help you need to manage recertification successfully. We've created a well designed Peds Board review that covers the broad range of subject matter tested for recertification. Our highly regarded Peds Core Curriculum gives you comprehensive coverage of Pediatric medicine, with self-testing and text highlighting techniques that point you to must-know facts to maximize your exam preparation. This is also a superb resource for working through knowledge and skills self-assessment exercises that are soon to be part of the recertification regimen.

In addition, our Q&A volumes will give you real-life test-taking practice while strengthening your overall Peds knowledge. Our 7-day conference or 45-hour review on DVD are yet other options to bring you focused, comprehensive learning in either a live, interactive setting or through a dynamic audio-visual series you use in your own way for optimal study and review.

These are powerful, efficient tools to put to work for your recertification. You'll also find them to be a great way to enrich your daily practice knowledge. Plus, when you use MedStudy, you have the opportunity to earn generous amounts of *AMA PRA Category 1 Credits™* of CME.

So I encourage you to read this catalog and see just how helpful MedStudy will be to your recertification. Good studying and best of luck!

J. Thomas Cross, Jr., MD
Author and Editor, MedStudy Pediatrics Board Reviews

Feel success instead of stress. Get MedStudy for Peds recertification.

If your current certification with the American Board of Pediatrics (ABP) is about to expire (or has already), you've got work to do and a major test to pass to get recertified. As you probably know, the Program for Maintenance of Certification in General Pediatrics requires you to complete a 200-question closed-book examination in order to be recertified.

Many of you will recall the old recertification program "test" that was open-book. Not any more. No resource materials are allowed in the Prometric® computer testing centers where today's Peds recert exams are administered. Now you must rely on what you know to pass this exam. The exam is clinically oriented, and the ABP says there will be as many as 30 or more practice topic areas tested.

Are you ready for what that exam will throw at you? You can be, with the help available from MedStudy. Here are some key ways MedStudy helps with exam preparation, plus additional benefits beyond the test itself:

- Get comprehensive coverage of what every practicing pediatrician should know and a realistic assessment of your Peds knowledge
- Strengthen or refresh your clinical judgment skills—things you need to know to do well on your recertification exam
- Save time with unmistakable highlighting of the testable facts
- Reacquaint yourself with "board-style" questions
- Get comfortable with exam-taking on computer
- Earn *AMA PRA Category 1 Credits™* of CME
- Bolster the Peds reference library for your medical practice

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 7 days a week.

"This was an outstanding product for Board review - one of the best review systems I have ever encountered. The print and CD material were highly complementary. I highly recommend the entire package."

– Jon Bruss, MD
 Florence, KY

"Excellent! I would highly recommend this study guide. You addressed almost every topic in pediatrics and gave us the gist of what we needed to know in a short period of time."

– Romena Moorjani, MD
 Tiffin, OH



Best Seller!

3rd Edition Pediatrics Board Review Core Curriculum see page 2 ▶



Hundreds of Questions!

Pediatrics Board-Style Questions & Answers (Books or Software) see page 4 ▶



2009 ABP Intensive Review Course see page 6 ▶



2009 Video Board Review of Pediatrics see page 8 ▶

Learning Objectives and other CME information see page 11 ▶

Pediatrics Core Curriculum: The clinical knowledge to prepare well for your exam.

Up to 120
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Category 1
Credits™!
(See page 11
for details)

This comprehensive Pediatrics Board review course is the one whose on-point content and lively, conversational writing style have made Pediatrics uniquely easier to understand for physicians. In this 3rd edition, author J. Thomas Cross, Jr., MD, has combined his 14 years as a physician educator with the input of 20 expert subspecialty advisors to cover the topical areas of Peds you need to know for successful recertification.

This Core Curriculum focuses on the “cognitive expertise” involved in pediatric practice, the knowledge the ABP says practicing pediatricians should possess in order to pass the recert exam. The study system built into this Core works in unique ways to enhance your learning. Topics are organized under major headings with supporting sub-topics in a logical structure that makes it easy to follow and grasp the important topical relationships. Strategic use of color, text highlighting, illustrations, tables, diagrams, self-quizzes and mnemonics further enhance the reader friendliness of this 5-book set while strengthening your ability to retain what you read. For instance, the facts most likely to be tested are already yellow-highlighted for you in these books, and the Quick Quizzes on every two-page spread test you on these facts. If you're really crimped for time, a careful review of just this yellow-highlighted text and the Quick Quizzes would go a long way in preparing you for your recert exam.

What we've done is give you solid content with built-in, learner-friendly enhancements that enable you to gain the most from that content with every minute you put into your study and review. Read details of the unique and effective elements of this Core on the next page.



Includes hundreds of
full-color medical photos

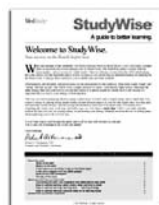
The Core Curriculum includes:

- 5 easy-carry 8-1/2 x 11 flexible cover books, organized into the specialty/subspecialty areas of:

Growth & Development/Preventive Pediatrics
Common Pediatric Disorders
Emergency Pediatric Care
Adolescent Health/Gynecology
Infectious Disease
Allergy & Immunology
Dermatology
Fetus & Newborn
Genetics
Metabolic Disorders
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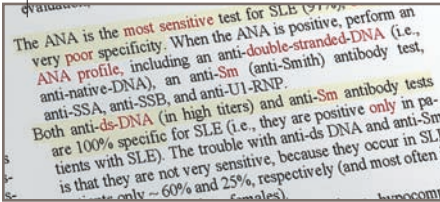
- 12-page StudyWise guide with information on what to expect on your Board exam, test-taking strategies, and effective study techniques that maximize retention and recall

- Plus, a durable shelf case to hold all components

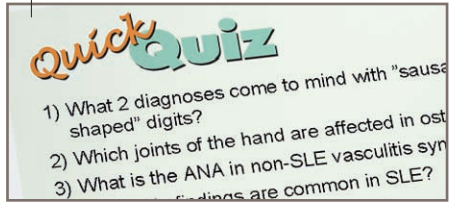
"I just ordered these books ... and they're GREAT! I read the entire first book in three days. The questions are great, the prose is so easy to read, it's like there is a coach writing it."

– Christina Coughlin, MD
Philadelphia, PA

Must-Know Highlights: We have highlighted for you the information that is must-know for your Boards. These are the most fundamental Peds facts to know.



Quick Quizzes: On every two-page spread you'll find short questions to test yourself on your reading. The answers to these questions will be found in the yellow-highlighted text, tables and other graphics found on the same 2-page spread.



Tables, Charts, Illustrations: Tables and charts summarize extensive amounts of information into a concise, easy-to-review form.

Table 6-5

DIAGNOSTIC CRITERIA FOR SLE

4 or more of the following during course of the disease. 98% specificity 97% sensitivity.

Mucocutaneous Criteria (4)	1)	Photosensitivity
	2)	Malar rash. Fixed erythematous macules or papules.

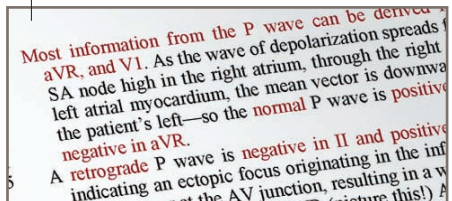
Full-Color Photos: Scans, x-rays, scopes and other images give visual clarification and emphasis to the text.



Personal Notes Space: We know that for many people, adding personal study notes can be very helpful when preparing for an exam. We've included space for notes on every page.



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Pediatrics Board-Style Questions & Answers: Think of it as a “sneak preview” of your recert exam.

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(See page 11
for details)



Genuinely Board-style

MedStudy's Pediatrics Board-Style Questions & Answers get you as close as you can get to seeing the exam before you take it. The questions are presented to you in the same style as on the Boards – with a clinical stem, a posed question, and 4 or 5 options for single best answer. For each question, you'll be able to read what the single best answer is, with accompanying explanation that clarifies clinical decision-making and discusses both the correct and incorrect answer options. In each volume of these Q&As, the percentage of questions by topic is similar to what you'll encounter on the Boards.

Choose your volume(s); choose your format

The Board-style Q&As are sold in separate volumes of 600+ questions each. There is no duplication of questions between volumes. You also have a choice of format – you can receive Q&As in book form or as a software program. (The software format is delivered on CD-ROM or via download to your computer.) The Q&A content is the same for either format, but there are features unique to each format.

- The **book format** comes with 2 books – one for Questions, the other for Answers and explanations. The questions are organized by subspecialty topic. Books give you use-anywhere convenience and allow you to make personal study notes in the Q&As.
- With the **software format**, you can get automated scoring and reporting on your performance; bookmark questions you choose; search the Q&A content by key word or phrase; choose your questions by specific subspecialty areas; take a built-in “practice test”; and get a one-button link to an Antibiotics Usage table. The software format also more closely mirrors the exam experience, which is done on computer.

“MedStudy makes it easy to know what is pertinent for boards. The questions challenge me to retain the info.”

– Kristin Stevens, MD
Oklahoma City, OK

Available in book or software format.

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Currently you can choose from the following:

Volume 3 Peds Q&A - software or books;
675 questions, up to 50 CME credits
(CME good thru January 15, 2011)

Volume 2 Peds Q&A - software or books,
617 questions (CME credits no longer available
on Volume 2)

Volume 1 Peds Q&A - software or books,
615 questions (CME credits no longer available
on Volume 1)



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A closer look at MedStudy Board-Style Q&As

The software format for Q&As automatically scores your performance, does keyword searches, times your study session, optionally parses your questions by topic, offers “practice testing,” and gives you a one-button link to an Antibiotics Usage table.

Software format System Requirements:

MedStudy Peds Q&A software program Volumes 2 & 3 work with Windows 2000/XP/Vista provided your computer meets the minimum requirements of the Windows version installed on it. Volume 1 works with Windows 2000 and XP but not Vista. Our recommended minimums are: 512 MHz processor; 128 MB memory; 16 MB graphics card; CD-ROM drive (or DVD drive); 40 MB available hard drive space. Not compatible with Mac OS.

MedStudy Board-Style Questions

169.

You are notified of the sudden unexpected arrest of one of your patients during an athletic event. The patient is an eighteen year-old woman who was competing in a 2.75 mile cross country race. It was during the final ¼ mile that she collapsed suddenly. She was given CPR by a bystander and on arrival the paramedics found her to be in ventricular fibrillation. She was electrically defibrillated and brought to the emergency room. There was no significant past medical history. The family history was negative for syncope or sudden death at a young age. Both parents and 3 siblings were alive and well.

PHYSICAL EXAMINATION:

She was intubated, unresponsive, on no pressors.

Temperature 36.6, Respiratory Rate 14 (Ventilator rate 14), Heart Rate 88, BP 102/64

Pupils 5mm bilaterally and minimally reactive. Corneal reflex was intact. Gag was present. The neck was supple with normal carotid upstrokes. The lung fields were clear with symmetric air exchange. The precordium was quiet with a normal S1 S2 with A2 -P2 normal and physiologically split. P2 was normal intensity. There was no S4, S3 or murmur. There was no pericardial rub. The abdomen was normal with normoactive bowel sounds. There were good peripheral pulses with no clubbing, cyanosis or edema.

LAB:

CT scan of head : Normal

CXR: Normal cardiac size with clear lung fields. The bony structures were normal.

ECG: Sinus rhythm with no chamber hypertrophy. There were no acute changes suggestive for ischemia or infarction. The QT interval was normal at 360 msec as was the QT_c at 380 msec (Normal < 440 msec)

Echocardiogram: No chamber hypertrophy. Normal valvular anatomy and function.

Urine Drug Screen: Normal

Which of the following would account for the sudden collapse?

- A) Hypertrophic cardiomyopathy.
- B) Intracranial hemorrhage.
- C) Acute myocardial infarction due to coronary atherosclerosis.
- D) Anomalous coronary artery coursing between the aorta and pulmonary artery.
- E) Prolonged QT syndrome

169. Answer: D

Explanation: The two major causes of sudden death during exercise in those under age 30 years are hypertrophic cardiomyopathy and anomalous coronary artery. With the normal exam, ECG and echocardiogram, hypertrophic cardiomyopathy is not possible. With anomalous coronary artery, there is an abnormal course of one of the two coronary arteries between the two great vessels, the pulmonary artery and aorta. At rest there is plenty of room for the vessel to pass without compromise; however, in extreme exercise the cardiac output can increase 4-8 fold. This expands the elastic pulmonary artery and aorta resulting in compression of the coronary artery as it courses between the great vessels. This compression creates coronary ischemia and arrhythmias. Pre mortem detection is extremely difficult and requires a high index of suspicion. Syncope after exercise is common. Syncope during exercise is never normal. The CT scan is very sensitive for intracranial bleeding therefore the normal CT would exclude this. While it is possible the patient has mild atherosclerosis it is unlikely to have led to an MI at such a young age. The 12 lead ECG is >85% sensitive for the diagnosis. Prolonged QT can be congenital (associated with or without deafness), or be acquired secondary to drugs (Antiarrhythmics-Class IA, IC, III, Cisapride, certain antihistamines). The normal ECG and QT interval make this unlikely.

MedStudy Peds Q&As organize questions by subspecialty area and give explanations to clarify the clinical decision-making.

ABP Intensive Review Course: Enrich your knowledge for the Boards in a lively give-and-take conference.

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August 29-September 5, 2009
Dallas, Texas

MedStudy's Intensive conferences have set a new standard for effective learning and attendee satisfaction. Here are several reasons why:

An Intensive that's not so intense

MedStudy employs a schedule for Intensive conferences that makes them more manageable, more productive, more *survivable*. We spread it over 6½ days, providing you two absolutely Board-relevant 4-hour lecture sessions each day. This pace allows you to digest what you're learning without wearing you out. This is how you learn effectively.

Top teachers

We bring you teachers drawn from a pool of recommended "best teachers," who give you second-to-none topical expertise and proven teaching styles.

Board simulation exams

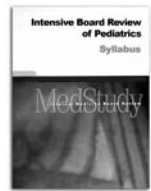
At the beginning and toward the end of the Intensive, you have the option to sit for Board simulation exams, set up almost exactly like your Board exam will be. You get computer-graded scores within 24 hours. Come to the follow-up session for detailed discussion of the questions and valuable test-taking tips.

Study groups (because several heads are better than one)

Take advantage of optional organized study groups where you'll join other attendees to review lectures, clarify key points, drive home your learning, and bring new creativity and energy to your study effort.

A syllabus really worth having

Forget those disorganized, sketchy outlines and useless research papers most courses hand out. We give you a thorough and useful syllabus with a printout of virtually every text, diagram and table slide the speakers use. Instead of madly scribbling notes, you can listen attentively to the lecture and highlight important points already printed on the syllabus in front of you. It's great at the Intensive and it's the perfect take-home Intensive reference.



"Skill drill" questions

Each speaker offers a set of Board-relevant questions and answers (pearls!) to help you gauge your basic knowledge in the topic area, then addresses these questions as part of his/her lecture.

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Once you're registered for the Intensive, you will receive on-point guidance on exam preparation every 2 weeks via e-mail from the course director, continuing for approximately a month after the course. Learn the specifics to study, and how to do it effectively. Sign up early to gain the most benefit from this exclusive personal training for Board success!

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August 29 – September 5, 2009 at the Omni
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August 29; formal lecture sessions begin at
8 a.m. August 30)

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Travel & Lodging: Reserve your own travel and
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Park West.

To reserve by phone: Call 1-888-444-OMNI
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For additional information:

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For best results: Read the 3rd Edition
MedStudy Pediatrics Board Review Core
Curriculum before coming. (The Core is a
separate purchase; see pages 2-3 in this
catalog.) Think ahead how best to use your
free time—join a study group, walk the trails,
go bicycling, relax under the sunny skies, or
whatever works best for your mind and spirit.

Cancellation Policy: There will be a \$100 service
charge for refunds requested through July 29, 2009
(one month prior to the course) and a \$200 service
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28, 2009. No refund requests will be honored after
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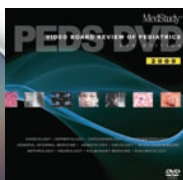
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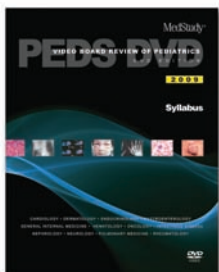
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The perfect syllabus—usable and relevant

You also receive a syllabus of more than 600 pages, meticulously compiled to provide comprehensive outlines of speakers' presentations and a printout of virtually every text, diagram and table slide they use. This is an excellent refresher on the material and a handy place to make notes as you watch the DVDs. The syllabus also contains all 100 Board-simulation Practice Test questions and answers from the Intensive – a terrific mini-rehearsal for your Boards!

Go to the topics you want—fast!

Each DVD presents a detailed menu of topics covered, allowing you to go directly to where each begins on the disc. No guesswork. No tedious play-through to find topics.

VIDEO BOARD REVIEW OF
Go to Specific Topic

Speakers and topics in the MedStudy Video Board Review of Pediatrics

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Keith Boyd, MD, Associate Chair for Education, Department of Pediatrics, Rush University Medical Center (Chicago, IL)

Allergy & Immunology

Larry Williams, MD, Associate Professor of Pediatrics; Clinical Director, Division of Pediatric Allergy and Immunology; Duke University Medical Center (Durham, NC)

Cardiology

Arthur Pickoff, MD, Professor and Chair, Department of Pediatrics, Wright State University (Dayton, OH)

Dermatology

Amy Jo Nopper, MD, Chief, Section of Dermatology; Children's Mercy Hospital (Kansas City, MO)

Emergencies/Toxicology

Thomas Krzmarzick, MD, Medical Director, Emergency Department, The Children's Medical Center (Dayton, OH)

Endocrinology

Moirá Pfeifer, MD, Pediatric Endocrinologist, The Children's Medical Center (Dayton, OH)

Gastroenterology

Mark Corkins, MD, CNRP, Professor of Pediatrics, Indiana University School of Medicine, Division of Gastroenterology/Hepatology/Nutrition, James Whitcomb Riley Hospital for Children (Indianapolis, IN)

General Pediatrics

Keith Boyd, MD, Associate Chair for Education, Department of Pediatrics, Rush University Medical Center (Chicago, IL)

Genetics

Sara Copeland, MD, Assistant Professor in Pediatrics, Division of Medical Genetics, University of Iowa Hospitals and Clinics; Medical Director of Newborn Screening for Iowa (Iowa City, IA)

Hematology/Oncology

Paul Haut, MD, FAAP, Director, Pediatric Stem Cell Transplantation; Associate Professor of Pediatrics; James Whitcomb Riley Hospital for Children, Indiana University School of Medicine (Indianapolis, IN)

Infectious Disease and STDs

J. Thomas Cross, Jr., MD, MPH, Vice President, Education, MedStudy Corporation (Colorado Springs, CO)

Metabolic Disease

Sara Copeland, MD, Assistant Professor in Pediatrics, Division of Medical Genetics, University of Iowa Hospitals and Clinics; Medical Director of Newborn Screening for Iowa (Iowa City, IA)

Neonatology

Daniel Polk, MD, Professor of Pediatrics, Northwestern University Medical School, Children's Memorial Hospital (Chicago, IL)

Nephrology

Sriram Narsipur, MD, Associate Professor of Medicine and Pediatrics, Nephrology Division, SUNY Upstate Medical University (Syracuse, NY)

Neurology

E. Ann Yeh, MD, FRCP(C), Assistant Professor of Neurology, SUNY at Buffalo; Clinical Co-Director, Pediatric MS Center of the Jacobs Neurological Institute (Buffalo, NY)

Pulmonary Medicine

Kimberly Jones, MD, Associate Professor, Pediatrics; Medicine Chief, Pediatric Pulmonary; LSU Health Sciences Center (Shreveport, LA)

Rheumatology

J. Thomas Cross, Jr., MD, MPH, Vice President, Education, MedStudy Corporation (Colorado Springs, CO)

"I took this for recertification. ... In terms of this conference, in one word 'fabulous!' Not only do they really know their stuff, but they're great educators. ... They just make it seem fun, easy and logical. I'm really impressed."

***— Barbara Kissam, MD
Appleton, WI***



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After you've recertified, MedStudy will continue to bring value to your practice.

Although your immediate goal may be to successfully recertify with the ABP, the MedStudy resources you use to prepare for your exam hold ongoing value for your practice. Here are ways these resources can be of help far beyond your exam day.



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The primary purpose of MedStudy's CME Program is to encourage and assist physicians in their commitment to lifelong learning and improved medical knowledge and patient care competencies through the provision of high-quality, bias-free, practice-based educational activities, particularly as these competencies pertain to effective preparation for certification and Maintenance of Certification® (MoC) Board exams administered by the American Board of Internal Medicine (ABIM) and the American Board of Pediatrics (ABP). In addition, many of our activities are also used as reference resources and "refreshers" for practicing physicians needing to address their individual professional practice gaps by maintaining and enhancing their medical knowledge competencies and more confidently understanding the relationships among subspecialty disciplines toward the goal of making the best diagnostic and treatment decisions based on comprehensive and integrated knowledge (secondary purpose).

MedStudy utilizes various formats (books, DVDs, lectures, and software) and diverse types of interactive educational content (comprehensive Core texts, lengthy questions and answers, short quizzes, practice-based diagnosis and treatment information, etc.) to meet the above-described purposes. Regardless of the specific format or content, the **Learning Objectives** remain consistent from activity to activity. As a result of participation in these activities, learners should be able to:

- Integrate and demonstrate increased overall knowledge of Internal Medicine / General Pediatrics
- Identify and remedy areas of weakness (gaps) in knowledge and clinical competencies
- Describe the clinical manifestations and treatments of diseases encountered in Internal Medicine / General Pediatrics and effectively narrow the differential diagnosis list by utilizing the most appropriate medical studies
- Apply the competence and confidence gained through participation in the activity to both a successful Board exam-taking experience and daily practice

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