



Kids in life are a mystery.
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don't have to be.



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Read all the terrific
details inside!

**Start with the Core.
Enhance with more.**

Enhancement

2

Test your knowledge

Are you ready for the exam? Find out with Q&A software and books.

Board-Style Q&A's

Essential!

1

Get the knowledge

A concise yet complete preparation for your Peds Boards.

Core Curriculum

Enhancement

4

Reinforce your knowledge

Videos let you review Board topics until you've got them down cold.

Video Board Review

Enhancement

3

Deepen your knowledge

Enrich your learning for the Boards in a focused 6 1/2-day conference.

Intensive Board Review

A note from author J. Thomas Cross, Jr., MD



I'm pleased to report that more and more physicians are finding MedStudy's Pediatrics products and programs to be exactly the study resources they need to prepare for Board exams and to improve their practice knowledge. In 2008, literally thousands of pediatricians turned to us for help in meeting these goals, and the reports we get back from them confirm we're doing things right.

The real-world results our customers have seen and word-of-mouth advertising have combined to make MedStudy the go-to source for mastering the domain of Pediatrics medicine. Again this year learners can choose from our Peds review materials in print, software, and video. In 2009 we will also again present our very popular ABP Intensive Review Course. This dynamic 6 1/2-day conference draws greater numbers every year and more enthusiastic reviews by attendees as well.

We are committed to constant improvement in what we offer, responding to the feedback we receive from customers, staying abreast of developments in medical education, and utilizing the input of specialty and subspecialty experts from across the nation. Our goal is to bring you Pediatrics review material that is relevant, accurate, and complete—in a style that makes it friendly to use and in formats to fit your preferred approach to study. As you read through this catalog, you'll see how we go about doing this.

I thank you for your interest in MedStudy if you are new to us, for your loyalty and confidence if you are returning to us. Always let us know if you see ways we can serve you even better. That's what we're here for.

In the meantime, good luck and good studying!

J. Thomas Cross, Jr., MD

MedStudy® brings you proven resources for your Peds Boards and practice.

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 7 days a week.

“Excellent review . . . Highlighted areas make it very easy to read. I enjoyed it thoroughly. I would recommend it to everyone who is taking the boards. I now have a better grasp of some topics which have always evaded me . . .”

– Deepika Kakkera, MD
 Schererville, IN

“Excellent! I would highly recommend this study guide. You addressed almost every topic in pediatrics and gave us the gist of what we needed to know in a short period of time.”

– Romena Moorjani, MD
 Tiffin, OH



Best Seller!

3rd Edition Pediatrics Board Review Core Curriculum see page 2 ▶



Hundreds of Questions!

Pediatrics Board-Style Questions & Answers (Books or Software) see page 4 ▶



2009 ABP Intensive Review Course see page 6 ▶



2009 Video Board Review of Pediatrics see page 8 ▶

Learning Objectives and other CME information see page 11 ▶

Also available from MedStudy: Internal Medicine Resources see page 10 ▶

- Internal Medicine Board Review Core Curriculum
- Internal Medicine Board-Style Questions & Answers
- ABIM Intensive Certification Review Course
- Video Board Review of Internal Medicine

Pediatrics Core Curriculum: *This* is how you get prepared for your Boards.

Up to 120
AMA PRA
Category 1
Credits™!
(See page 11
for details)

Your preparation to pass the Boards begins here, with the 3rd Edition of the Pediatrics Board Review Core Curriculum. This is a concise yet comprehensive 600+ page book course covering 19 specialty and subspecialty areas, with focused Board-relevant content. This is what you need to know for the exam – nothing more, nothing less. The 3rd Edition of the Peds Core was thoroughly updated by author J. Thomas Cross, Jr., MD, who collaborated with a team of 20 expert editorial advisors to ensure you the most outstanding Board preparation curriculum available anywhere.

The Core has a proven writing style that is lively, easy to follow, logically organized. It covers topics from different perspectives and sprinkles in commentary, mnemonics, self-quizzes, and even humor to help you better retain what you read. You acquire more knowledge in less time. You recall it more readily with less effort. You master not just the basics of Pediatrics, but also the topical interrelationships, the difficult concepts, the full understanding of Peds that always seemed to elude you. With MedStudy you will finally, comfortably and confidently say *"Now I get it!"*

The "study system" in the Peds Core

The right content – that is, Board-relevant facts you can understand and remember – is key to why the Core is such a great learning tool. But there is more to why this Core is so effective. For starters, topics are organized under major headings with supporting sub-topics in logical structure that makes it easy to follow and grasp the important topical relationships. The Core also has a built-in study system whose features work together to enhance your learning. Read details of these features on the next page.

All in all, what we've done is give you solid content with built-in, learner-friendly enhancements that enable you to gain the most from that content with every minute you put into your study and review.

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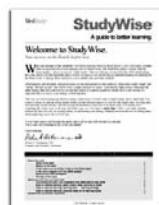


Includes hundreds of
full-color medical photos

The Core Curriculum includes:

- 5 easy-carry 8-1/2 x 11 flexible cover books, organized into the specialty/subspecialty areas of:

Growth & Development/Preventive Pediatrics
Common Pediatric Disorders
Emergency Pediatric Care
Adolescent Health/Gynecology
Infectious Disease
Allergy & Immunology
Dermatology
Fetus & Newborn
Genetics
Metabolic Disorders
Neurology
Cardiology
Respiratory Disorders
Gastroenterology & Nutrition
Endocrinology
Hematology
Oncology
Rheumatology
Nephrology



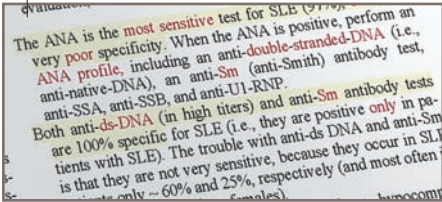
- 12-page StudyWise guide with information on what to expect on your Board exam, test-taking strategies, and effective study techniques that maximize retention and recall

- Plus, a durable shelf case to hold all components

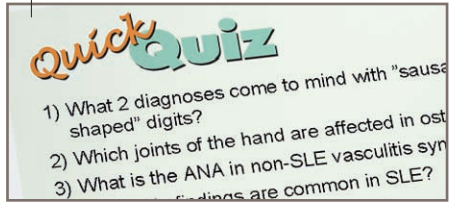
"I just ordered these books ... and they're GREAT! I read the entire first book in three days. The questions are great, the prose is so easy to read, it's like there is a coach writing it."

– Christina Coughlin, MD
Philadelphia, PA

Must-Know Highlights: We have highlighted for you the information that is must-know for your Boards. These are the most fundamental Peds facts to know.



Quick Quizzes: On every two-page spread you'll find short questions to test yourself on your reading. The answers to these questions will be found in the yellow-highlighted text, tables and other graphics found on the same 2-page spread.



Tables, Charts, Illustrations: Tables and charts summarize extensive amounts of information into a concise, easy-to-review form.

Table 6-5

DIAGNOSTIC CRITERIA FOR SLE

4 or more of the following during course of the disease. 98% specificity 97% sensitivity.

Mucocutaneous Criteria (4)	1)	Photosensitivity
	2)	Malar rash. Fixed erythematous macules or papules.

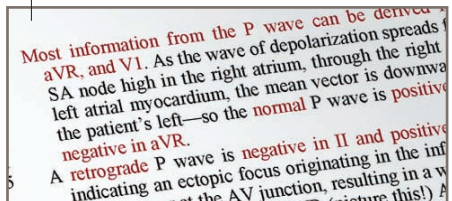
Full-Color Photos: Scans, x-rays, scopes and other images give visual clarification and emphasis to the text.



Personal Notes Space: We know that for many people, adding personal study notes can be very helpful when preparing for an exam. We've included space for notes on every page.



Accent Type Color: The burgundy type used on selected pieces of text gives a lively tonal emphasis to your reading, much the way a teacher would in a great lecture.



3rd Edition Pediatrics
Board Review Core Curriculum
\$395 Plus shipping and handling



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Pediatrics Board-Style Questions & Answers: Strengthen your exam prep with a “sneak preview” of the Boards.

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for details)



Genuinely Board-style

MedStudy's Pediatrics Board-Style Questions & Answers get you as close as you can get to seeing the exam before you take it. The questions are presented to you in the same style as on the Boards – with a clinical stem, a posed question, and 4 or 5 options for single best answer. For each question, you'll be able to read what the single best answer is, with accompanying explanation that clarifies clinical decision-making and discusses both the correct and incorrect answer options. In each volume of these Q&As, the percentage of questions by topic is similar to what you'll encounter on the Boards.

Choose your volume(s); choose your format

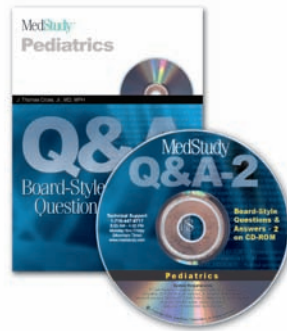
The Board-style Q&As are sold in separate volumes of 600+ questions each. There is no duplication of questions between volumes. You also have a choice of format – you can receive Q&As in book form or as a software program. (The software format is delivered on CD-ROM or via download to your computer.) The Q&A content is the same for either format, but there are features unique to each format.

- The **book format** comes with 2 books – one for Questions, the other for Answers and explanations. The questions are organized by subspecialty topic. Books give you use-anywhere convenience and allow you to make personal study notes in the Q&As.
- With the **software format**, you can get automated scoring and reporting on your performance; bookmark questions you choose; search the Q&A content by key word or phrase; choose your questions by specific subspecialty areas; take a built-in “practice test”; and get a one-button link to an Antibiotics Usage table.

“MedStudy makes it easy to know what is pertinent for boards. The questions challenge me to retain the info.”

– Kristin Stevens, MD
Oklahoma City, OK

Available in book or software format.
(Software delivered on CD-ROM or via download)



Currently you can choose from the following:

Volume 3 Peds Q&A - software or books; 675 questions, up to 50 CME credits (CME good thru January 15, 2011)

Volume 2 Peds Q&A - software or books, 617 questions (CME credits no longer available on Volume 2)

Volume 1 Peds Q&A - software or books, 615 questions (CME credits no longer available on Volume 1)



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A closer look at MedStudy Board-Style Q&As

Question #52 1 of 614 selected.

A 12-year-old male presents to your office for evaluation of a murmur. This family just moved to the area and presented to a local family medicine physician that heard the murmur and referred him to you for evaluation. Mother states he is an active young man but has always been rather small for his size. You obtain the following history:

Natal: Born at 33 weeks to a 26-year-old G3P3 by vaginal delivery. The delivery was complicated by prolonged rupture of membranes and maternal chorioamnionitis. The baby was hospitalized for 2 weeks but only required oxygen by hood.

Hospitalizations: Pneumonia at 4 years

Based upon your history and physical examination, you tell the mother that you think her son has which of the following cardiac lesions?

A. Coarctation of the aorta

B. Tricuspid regurgitation

C. Mitral valve prolapse

D. Aortic stenosis

E. Pulmonary valvular stenosis

Previous Question Next Question

Correct!
Session Time: 0:23
Avg. Time Per Question: 0:23
Session Score: 100.0%
Overall Score: 100.0%

Home Quit

The software format for Q&As automatically scores your performance, does keyword searches, times your study session, optionally parses your questions by topic, offers “practice testing,” and gives you a one-button link to an Antibiotics Usage table.

Software format System Requirements:

MedStudy Peds Q&A software program Volumes 2 & 3 work with Windows 2000/XP/Vista provided your computer meets the minimum requirements of the Windows version installed on it. Volume 1 works with Windows 2000 and XP but not Vista. Our recommended minimums are: 512 MHz processor; 128 MB memory; 16 MB graphics card; CD-ROM drive (or DVD drive); 40 MB available hard drive space. Not compatible with Mac OS.

MedStudy Board-Style Questions

169.

You are notified of the sudden unexpected arrest of one of your patients during an athletic event. The patient is an eighteen year-old woman who was competing in a 2.75 mile cross country race. It was during the final ¼ mile that she collapsed suddenly. She was given CPR by a bystander and on arrival the paramedics found her to be in ventricular fibrillation. She was electrically defibrillated and brought to the emergency room. There was no significant past medical history. The family history was negative for syncope or sudden death at a young age. Both parents and 3 siblings were alive and well.

PHYSICAL EXAMINATION:

She was intubated, unresponsive, on no pressors.

Temperature 36.6, Respiratory Rate 14 (Ventilator rate 14), Heart Rate 88, BP 102/64

Pupils 5mm bilaterally and minimally reactive. Corneal reflex was intact. Gag was present. The neck was supple with normal carotid upstrokes. The lung fields were clear with symmetric air exchange. The precordium was quiet with a normal S1 S2 with A2 -P2 normal and physiologically split. P2 was normal intensity. There was no S4, S3 or murmur. There was no pericardial rub. The abdomen was normal with normoactive bowel sounds. There were good peripheral pulses with no clubbing, cyanosis or edema.

LAB:

CT scan of head : Normal

CXR: Normal cardiac size with clear lung fields. The bony structures were normal.

ECG: Sinus rhythm with no chamber hypertrophy. There were no acute changes suggestive for ischemia or infarction. The QT interval was normal at 360 msec as was the QT_c at 380 msec (Normal < 440 msec)

Echocardiogram: No chamber hypertrophy. Normal valvular anatomy and function.

Urine Drug Screen: Normal

Which of the following would account for the sudden collapse?

- A) Hypertrophic cardiomyopathy.
- B) Intracranial hemorrhage.
- C) Acute myocardial infarction due to coronary atherosclerosis.
- D) Anomalous coronary artery coursing between the aorta and pulmonary artery.
- E) Prolonged QT syndrome

169. Answer: D

Explanation: The two major causes of sudden death during exercise in those under age 30 years are hypertrophic cardiomyopathy and anomalous coronary artery. With the normal exam, ECG and echocardiogram, hypertrophic cardiomyopathy is not possible. With anomalous coronary artery, there is an abnormal course of one of the two coronary arteries between the two great vessels, the pulmonary artery and aorta. At rest there is plenty of room for the vessel to pass without compromise; however, in extreme exercise the cardiac output can increase 4-8 fold. This expands the elastic pulmonary artery and aorta resulting in compression of the coronary artery as it courses between the great vessels. This compression creates coronary ischemia and arrhythmias. Pre mortem detection is extremely difficult and requires a high index of suspicion. Syncope after exercise is common. Syncope during exercise is never normal. The CT scan is very sensitive for intracranial bleeding therefore the normal CT would exclude this. While it is possible the patient has mild atherosclerosis it is unlikely to have led to an MI at such a young age. The 12 lead ECG is >85% sensitive for the diagnosis. Prolonged QT can be congenital (associated with or without deafness), or be acquired secondary to drugs (Antiarrhythmics-Class IA, IC, III, Cisapride, certain antihistamines). The normal ECG and QT interval make this unlikely.

MedStudy Peds Q&As organize questions by subspecialty area and give explanations to clarify the clinical decision-making.

ABP Intensive Review Course: Enrich your knowledge for the Boards in a lively give-and-take conference.

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Category 1
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(See page 11
for details)



August 29-September 5, 2009
Dallas, Texas

MedStudy's Intensive conferences have set a new standard for effective learning and attendee satisfaction. Here are several reasons why:

An Intensive that's not so intense

MedStudy employs a schedule for Intensive conferences that makes them more manageable, more productive, more *survivable*. We spread it over 6½ days, providing you two absolutely Board-relevant 4-hour lecture sessions each day. This pace allows you to digest what you're learning without wearing you out. This is how you learn effectively.

Top teachers

We bring you teachers drawn from a pool of recommended "best teachers," who give you second-to-none topical expertise and proven teaching styles.

Board simulation exams

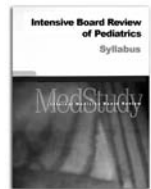
At the beginning and toward the end of the Intensive, you have the option to sit for Board simulation exams, set up almost exactly like your Board exam will be. You get computer-graded scores within 24 hours. Come to the follow-up session for detailed discussion of the questions and valuable test-taking tips.

Study groups (because several heads are better than one)

Take advantage of optional organized study groups where you'll join other attendees to review lectures, clarify key points, drive home your learning, and bring new creativity and energy to your study effort.

A syllabus really worth having

Forget those disorganized, sketchy outlines and useless research papers most courses hand out. We give you a thorough and useful syllabus with a printout of virtually every text, diagram and table slide the speakers use. Instead of madly scribbling notes, you can listen attentively to the lecture and highlight important points already printed on the syllabus in front of you. It's great at the Intensive and it's the perfect take-home Intensive reference.



"Skill drill" questions

Each speaker offers a set of Board-relevant questions and answers (pearls!) to help you gauge your basic knowledge in the topic area, then addresses these questions as part of his/her lecture.

"Personal Trainer"

Once you're registered for the Intensive, you will receive on-point guidance on exam preparation every 2 weeks via e-mail from the course director, continuing up to the time of your exam. Learn the specifics to study, and how to do it effectively. Sign up early to gain the most benefit from this exclusive personal training for Board success!

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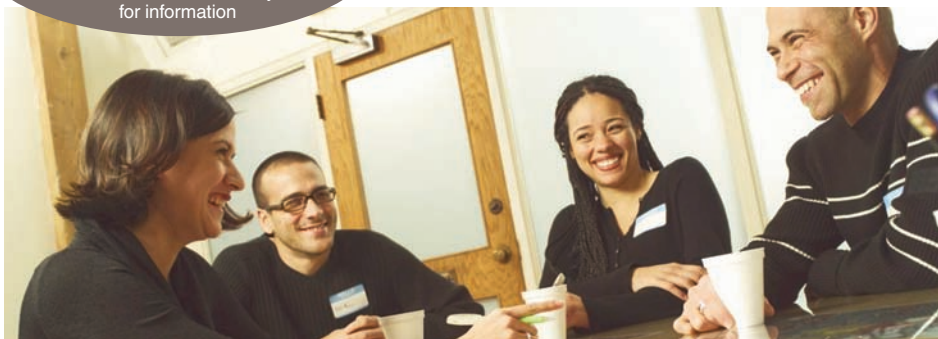


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Where and When:

August 29 – September 5, 2009 at the Omni
Dallas Hotel at Park West, 1590 LBJ Freeway,
Dallas, Texas

(Registration begins at 4 p.m. on August 29;
Board-simulation Practice Test #1 is at 7 p.m.
August 29; formal lecture sessions begin at
8 a.m. August 30)

Registration Fee: \$1,095;

\$995 for medical residents and fellows

How to Register: Call 1-800-841-0547 or log
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Travel & Lodging: Reserve your own travel and
lodging immediately after your Intensive
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online or by phone. You must reserve your lodging
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For best results: Read the 3rd Edition
MedStudy Pediatrics Board Review Core
Curriculum before coming. (The Core is a
separate purchase; see pages 2-3 in this
catalog.) Think ahead how best to use your
free time—join a study group, walk the trails,
go bicycling, relax under the sunny skies, or
whatever works best for your mind and spirit.

Cancellation Policy: There will be a \$100 service
charge for refunds requested through July 29, 2009
(one month prior to the course) and a \$200 service
charge for refunds requested July 30 through August
28, 2009. No refund requests will be honored after
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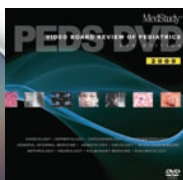
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The MedStudy Video Board Review consists of over 40 hours of presentations recorded at the 2008 MedStudy Intensive Board Review of Pediatrics. Consists of 13 DVD's in convenient carrying case, plus a 600+ page syllabus.

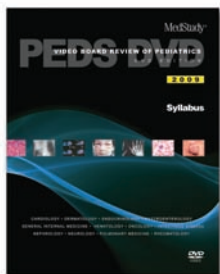
When and where and how often you want

Sit down at your convenience and view over 40 hours of expert lectures on the subjects you'll encounter on your Boards. Study 100 practice test questions and answers in the accompanying syllabus. Here's your take-home Intensive on DVD.



Next best thing to being there

These DVDs bring you not only the expert lectures of Intensive speakers but also the hundreds of photos, tables, diagrams and medical images the speakers use to clarify their subject matter. Picture-in-picture view means you see the speaker and projected images on screen together. It's as live a presentation as you can get on disc! And because you own it, you can watch as much as you want, as many times as you want, anywhere you want.



The perfect syllabus—usable and relevant

You also receive a syllabus of more than 600 pages, meticulously compiled to provide comprehensive outlines of speakers' presentations and a printout of virtually every text, diagram and table slide they use. This is an excellent refresher on the material and a handy place to make notes as you watch the DVDs. The syllabus also contains all 100 Board-simulation Practice Test questions and answers from the Intensive – a terrific mini-rehearsal for your Boards!

Go to the topics you want—fast!

Each DVD presents a detailed menu of topics covered, allowing you to go directly to where each begins on the disc. No guesswork. No tedious play-through to find topics.

VIDEO BOARD REVIEW OF
Go to Specific Topic

Topics and speakers in the MedStudy Video Board Review of Pediatrics

Adolescent Medicine

Keith Boyd, MD, Associate Chair for Education, Department of Pediatrics, Rush University Medical Center (Chicago, IL)

Allergy & Immunology

Larry Williams, MD, Associate Professor of Pediatrics; Clinical Director, Division of Pediatric Allergy and Immunology; Duke University Medical Center (Durham, NC)

Cardiology

Arthur Pickoff, MD, Professor and Chair, Department of Pediatrics, Wright State University (Dayton, OH)

Dermatology

Amy Jo Nopper, MD, Chief, Section of Dermatology; Children's Mercy Hospital (Kansas City, MO)

Emergencies/Toxicology

Thomas Krzmarzick, MD, Medical Director, Emergency Department, The Children's Medical Center (Dayton, OH)

Endocrinology

Moirá Pfeifer, MD, Pediatric Endocrinologist, The Children's Medical Center (Dayton, OH)

Gastroenterology

Mark Corkins, MD, CNRP, Professor of Pediatrics, Indiana University School of Medicine, Division of Gastroenterology/Hepatology/Nutrition, James Whitcomb Riley Hospital for Children (Indianapolis, IN)

General Pediatrics

Keith Boyd, MD, Associate Chair for Education, Department of Pediatrics, Rush University Medical Center (Chicago, IL)

Genetics

Sara Copeland, MD, Assistant Professor in Pediatrics, Division of Medical Genetics, University of Iowa Hospitals and Clinics; Medical Director of Newborn Screening for Iowa (Iowa City, IA)

Hematology/Oncology

Paul Haut, MD, FAAP, Director, Pediatric Stem Cell Transplantation; Associate Professor of Pediatrics; James Whitcomb Riley Hospital for Children, Indiana University School of Medicine (Indianapolis, IN)

Infectious Disease and STDs

J. Thomas Cross, Jr., MD, MPH, Vice President, Education, MedStudy Corporation (Colorado Springs, CO)

Metabolic Disease

Sara Copeland, MD, Assistant Professor in Pediatrics, Division of Medical Genetics, University of Iowa Hospitals and Clinics; Medical Director of Newborn Screening for Iowa (Iowa City, IA)

Neonatology

Daniel Polk, MD, Professor of Pediatrics, Northwestern University Medical School, Children's Memorial Hospital (Chicago, IL)

Nephrology

Sriram Narsipur, MD, Associate Professor of Medicine and Pediatrics, Nephrology Division, SUNY Upstate Medical University (Syracuse, NY)

Neurology

E. Ann Yeh, MD, FRCP(C), Assistant Professor of Neurology, SUNY at Buffalo; Clinical Co-Director, Pediatric MS Center of the Jacobs Neurological Institute (Buffalo, NY)

Pulmonary Medicine

Kimberly Jones, MD, Associate Professor, Pediatrics; Medicine Chief, Pediatric Pulmonary; LSU Health Sciences Center (Shreveport, LA)

Rheumatology

J. Thomas Cross, Jr., MD, MPH, Vice President, Education, MedStudy Corporation (Colorado Springs, CO)

“These teachers were strongly supported by outstanding written and audio material in the Core Curriculum and Syllabus. Thank you for putting together the perfect review course.”

***– Carlos Hernandez, MD
Pembroke Pines, FL***

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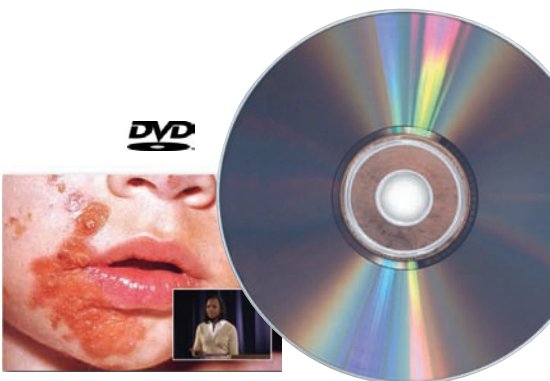
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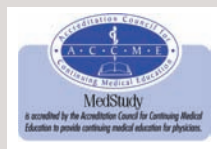
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